

DEAR DAUGHTER, DID YOU KNOW?

Quarterly Newsletter | March, 2020 | Volume 2 Issue 1

Do You Know

SARAH SABREE

1. In what city was she raised
 - a. Atlanta, GA
 - b. Savannah, GA
 - c. Columbia, SC
2. How many books has she written?
 - a. 1
 - b. 2
 - c. 3
3. Who prompted her to join PTSCI?
 - a. Granddaughter
 - b. Daughter
 - c. Friend
4. What is she best known for?
 - a. Writing abilities
 - b. Fostering children
 - c. Quick Wit/humor
5. What are her roles at PTSCI?
 - a. Deacon/Usher
 - b. Usher/PPA
 - c. Deacon/PPA

HAVE AN IDEA FOR A TOPIC OR INFORMATION THAT SHOULD BE SHARED?

Submit ideas/articles to Sabrina Riddle

sriddle1209@gmail.com or (404) 702-0703

A MESSAGE FROM PASTOR GLORIA



In our last Dear Daughter fellowship, we heard from Pastor Gloria that we should "Use our Words." This message came from 1 Cor 13:11. *11When I was a child, I spoke and thought and reasoned as a child. But when I grew up, I put away childish things.* To put things into perspective, we learned that toddlers have a vocabulary of about 50 words. Are we not more mature than toddlers? Our spiritual vocabulary should be reflective of learned biblical truths that guide us in the way of the Lord.

To help grow our spiritual vocabulary, Pastor Gloria provided us with a toolbox of scriptures. These key verses are powerful in addressing most any situation and learning how to resolve our own matters.

She reminded us that we are kingdom focused women with a specific assignment. In her poetic life application words, "Never allow anyone to cause you to act out of character...You don't need to show out ANYTIME, with ANYONE, about ANYTHING!" Be mindful of whose you are and your purpose.

To hear the full message, contact the media department for a CD dated 11/30/2019.



Dear Daughter web & social media launch in March!!!!

Look for both our PTSCI Web Page and Look for our page on Facebook. We will send everyone a link to Like & Share. You will be able to upload photos and uplifting comments (after administrator review).

HEALTH

February is Heart Month "Love your Heart"

February is American Heart Month, a federally designated event made possible by President Lyndon Johnson in February of 1964. Today heart disease is the leading cause of death in men and women in the United States. Every, 1 in 4 deaths are caused by heart disease.

One in three deaths is related to heart disease and stroke. As women we need to make lifestyle changes. Heart disease can often be prevented when people make healthy choices and manage their health conditions. Many of us in the congregation are As health care professionals and we encourage you to make health changes to lower the risk of developing heart disease. The changes are minor, with major benefits.

1. Schedule a visit with a doctor to talk heart health
2. Know your numbers (Blood Pressure, Cholesterol, HBA1c)
3. Increase healthy eating (less fats, more greens)
4. Watch your weight
5. No smoking and stay away from second-hand smoking
6. Take medication as prescribed
7. Reduce stress (keep your mind renewed- Focused on Christ)
8. Get active and exercise

According to the American Heart Association 80% of cardiac and stroke events could be prevented with education and action. Let us all commit to a healthy lifestyle. Small changes can make a big difference.

3 John 1:2 Beloved I wish above all things that thou may prosper and be in good health, even as thou soul prospers.

MARCH DEAR DAUGHTER TOPIC

"Dear Daughter" The Women's Ministry of Perfecting The Saints Church International

UNMASKED

March	Saturday	RSVP:
28	10:30	PTSCI Website
2020	AM	

Women gathering together to boldly share personal stories of healing and breakthrough; all in an effort to encourage and support one another.

Join us as we "unmask" allowing others to see who we really are and to reveal the healing power of God!

Light Refreshments & Door Prizes



SET YOUR CLOCKS

SPRING FORWARD ON MARCH 8TH



1ST QUARTER BIRTHDAYS

Alonda Fuller: January 17th

Kimberly Burrell: January 24th

Marcella Carroll: February 18th

Delores Cooper: February 18th

Jasmine Matthews – March 25th

Don't see your birthday...

Please submit your

"Getting to Know You Form"

Corporate Prayer

We solicit your prayers for our full body of Believers. We ask specifically that each member of PTSCI continue to:

Grow in the Grace and Love of God!

Perfecting The Saints Church
International

770.707.1159

Mailing Address:

P.O. Box 191

Hampton, Georgia 30228

Physical Address:

1009 Hwy 19/41

Hampton Georgia 30228



CHURCH IN-REACH PROJECT

THIS IS OUR SPIRITUAL PLACE OF WORSHIP

LET'S MAKE IT SHINE

- # **Who:** Men, Women, Teens
- # **When:** **April 4th 8:00 AM-12:00 PM**
- # **What:** Wipe down doors, base boards, dust plants, clean/organize storage areas

DEAR DAUGHTER OUT-REACH PROJECT

DID
SOMEONE
SAY
SALE??????



Our April Dear Daughter meeting will actually be a YARD SALE. 4/25/2020 9:00AM-12:00PM.

This date aligns with most community yard sales in our area, so we are expecting lots of traffic!

Advertisements will be placed on Facebook & Eventbrite.

Clean out those closets, tag your items and get ready to sell, sell, sell.

We are kindly asking for 10% of your profits as a donation to our Dear Daughter ministry fund. This will help to further the mission of our ministry.

MORE INFORMATION TO COME!!!!